



## **CULTURAL DIVERSITY AT WORK**

**Staff negotiating difference  
at two children's hospitals in Sydney**

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# Acknowledgements

## *Principal Researchers*

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## *Research Partners*

- Sydney Children's Hospital
- The Children's Hospital at Westmead
- Multicultural Health Service (SESIAHS)
- NSW Health
- Community Paediatrics (SSWAHS)
- Centre for Cultural Research
- Social Justice, Social Change Research Centre
- Australian Research Council

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## Steering Group

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CULTURAL DIVERSITY IN CHILDREN'S HEALTH CARE

# Are You Talking To Me?

Negotiating the Challenge of Cultural Diversity  
in Children's Health Care

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# What has been missing from existing research?

- Most studies are undertaken in the US & UK
- Emphasis on obstetric & early paediatric care
- Over-emphasis on 'measuring' importance of 'ethnicity'
- Cultural relationships are seen as secondary
- Lack of research within Australian health sites

# Aims of project

- Illuminate multiple points of interaction between providers & users of health services
- Identify varying capacities to negotiate differences
- Explore implications of current practices and ‘cultural mismatches’
- Examine the need for a system that actively responds to all children’s differences

A background image showing a person's hand pointing towards a window. The window looks out onto a bright, sunny day with many trees and greenery. The image is semi-transparent, allowing the text to be overlaid.

# Location of research

- Sydney Children's Hospital (SCH)
- The Children's Hospital at Westmead (CHW)

# A multi-method approach

- Quantitative & qualitative research techniques
- Interweaving of methodologies brings a greater level of sophistication to the findings
- Highlights the advantages & disadvantages inherent in both methods
- Provides a more comprehensive evidence base

# Pilot Qualitative Components

- ‘We all come from somewhere: SCH’ (2002)
- ‘Culture, health & parenting in everyday life’ (SCH) (2006)
- ‘Cultural diversity “at work”’: CHW’ (2007)

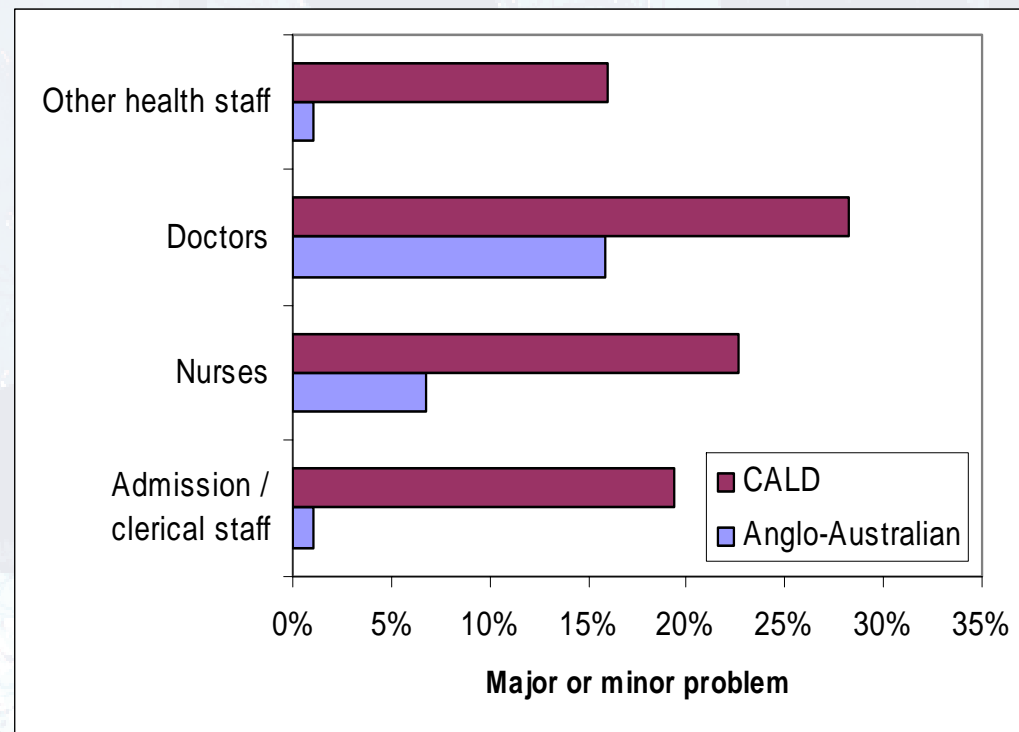
# Quantitative Component

- A multi-lingual telephone survey (30 mins)
- 9 languages: English, Arabic, Chinese (Mandarin & Cantonese), Vietnamese, Tamil, Farsi, Korean, Tagalog & Bahasa-Indonesian
- Designed & developed by the research team
- Interpreters were trained
- 269 responses received (analysed SPSS)

# Quantitative Component

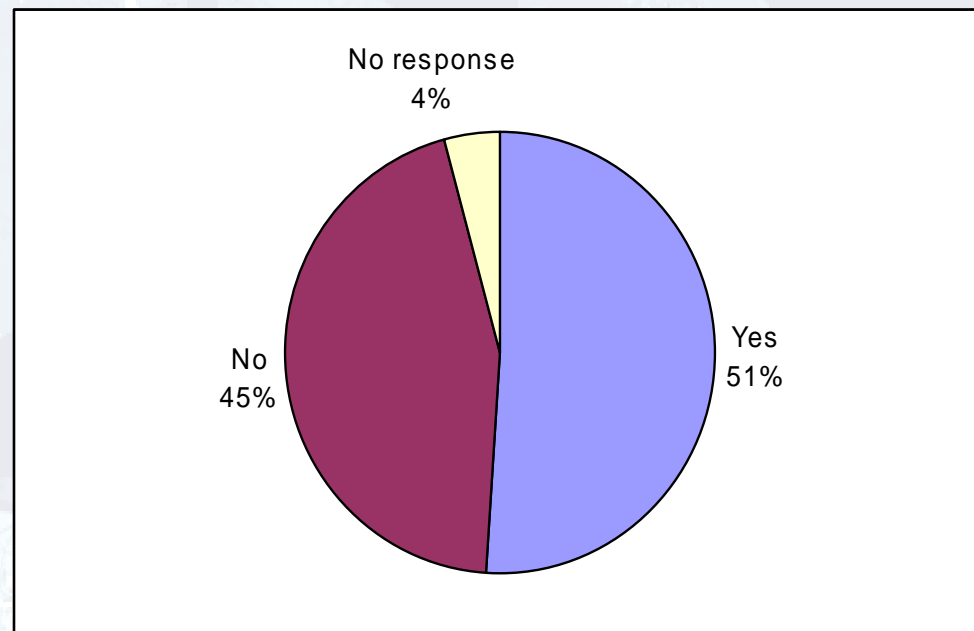
## Major Findings

Significant communication issues with a range of hospital staff



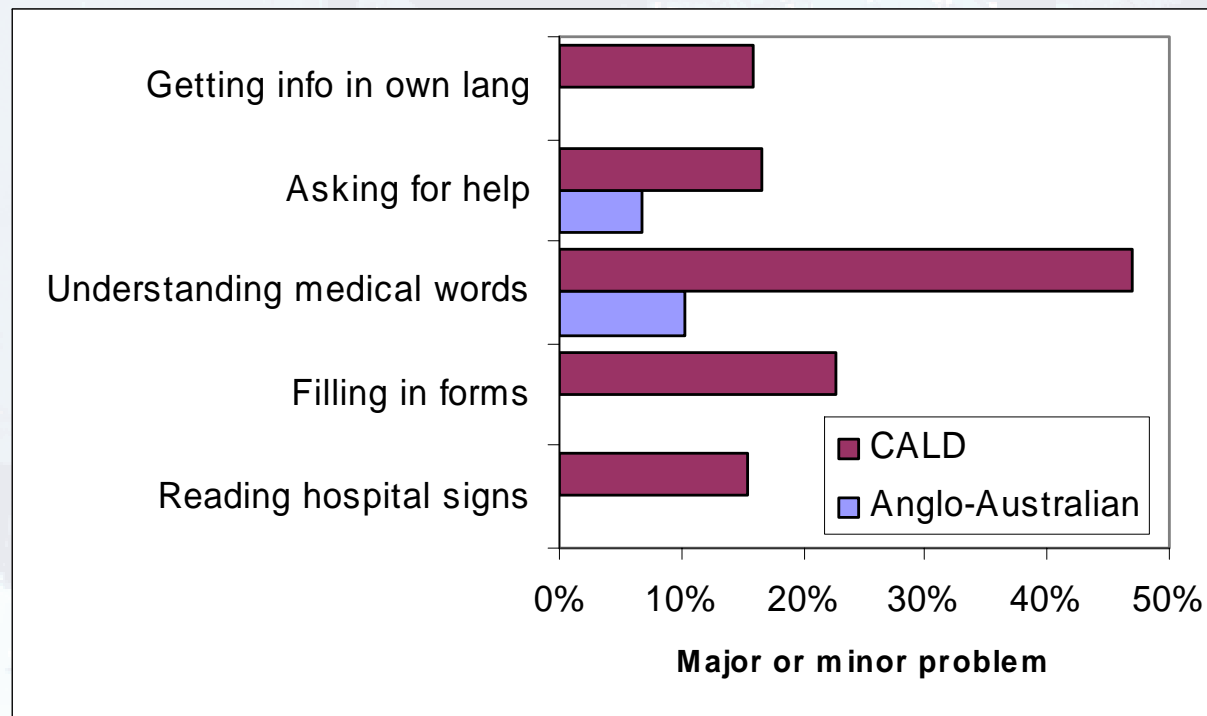
## Quantitative Component

Did family or friends interpret between child's family and staff?



# Quantitative Component

## Problems encountered during your child's stay



# Qualitative Component

- 7 families  
(Chinese PRC, Egyptian, Indian, Iraqi, Bangladeshi, Samoan & Lebanese)
- Why these families?  
Children had a chronic illness/injury (kidney failure, HIV, brain injury, spina bifida, cerebral palsy, cancer & cystic fibrosis)  
Spanned a range of migration, settlement, familial & health experiences
- Interviewed each family over 3-4 month period (2007), including young people, parents & significant carers.
- Interviewed individual core health team members over 3-4 month period (2007), undertook team focus groups & observed clinical meetings with & without family.

# Major Findings

- Consistent diversity health care training remains a challenge. This places a large responsibility onto health care providers to respond at an individual level.
- Many children/young people whether they be 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> generation CALD, inhabit a range of cultural worlds.
- While health consumers are generally satisfied with the quality of health care provided, this does not necessarily indicate effective communication between staff, young people and their families.

# Major Findings

- There are a number of false assumptions that circulate about the use of health care facilities by CALD families when accessing paediatric hospitals.
- While the interpreter service is well-utilised, issues concerning access, availability, use and role of interpreters are compromising safety and quality of care.
- Although there has been an increase in multilingual signage, further signs and written information is essential.

# Major Findings

- The existing model of transition from child to adult services is premised on Western understandings of childhood, adolescence & adulthood.
- Families indicated that on-going treatment for a child with a chronic illness resulted in increased stress & disruption to family life.
- While generally not overt, some criticism by health providers implied specific ethnic groups were associated with particular behaviours.

# Major Findings

- Culturally diverse populations are not accurately reflected in the data collected by children's hospitals because they do not collect the parents' country of birth or cultural background.
- Children/young people with chronic illness often have complex needs that can be compounded for recent arrivals, particularly refugee families.
- Recruitment practices need to further target diverse communities and improve integration of all staff into hospital culture.

# Concluding remarks

The need for a philosophical shift that equates with the reality of a multicultural Australia. Part of this reality is that cultural diversity is more than linguistic communication, albeit the latter is an essential component. Rather culture is a set of complex inter-related practices, understandings, values, collective histories and personal experiences that we all (staff, children & families alike) bring to every health encounter.

# Concluding remarks

In conjunction with this philosophical shift, the concept of 'cultural diversity' needs to be taken up:

- ▶ as core hospital business
- ▶ in a whole-of-system approach
- ▶ identifying multiple entry points at local & state level
- ▶ linking up with safety & quality reporting mechanisms