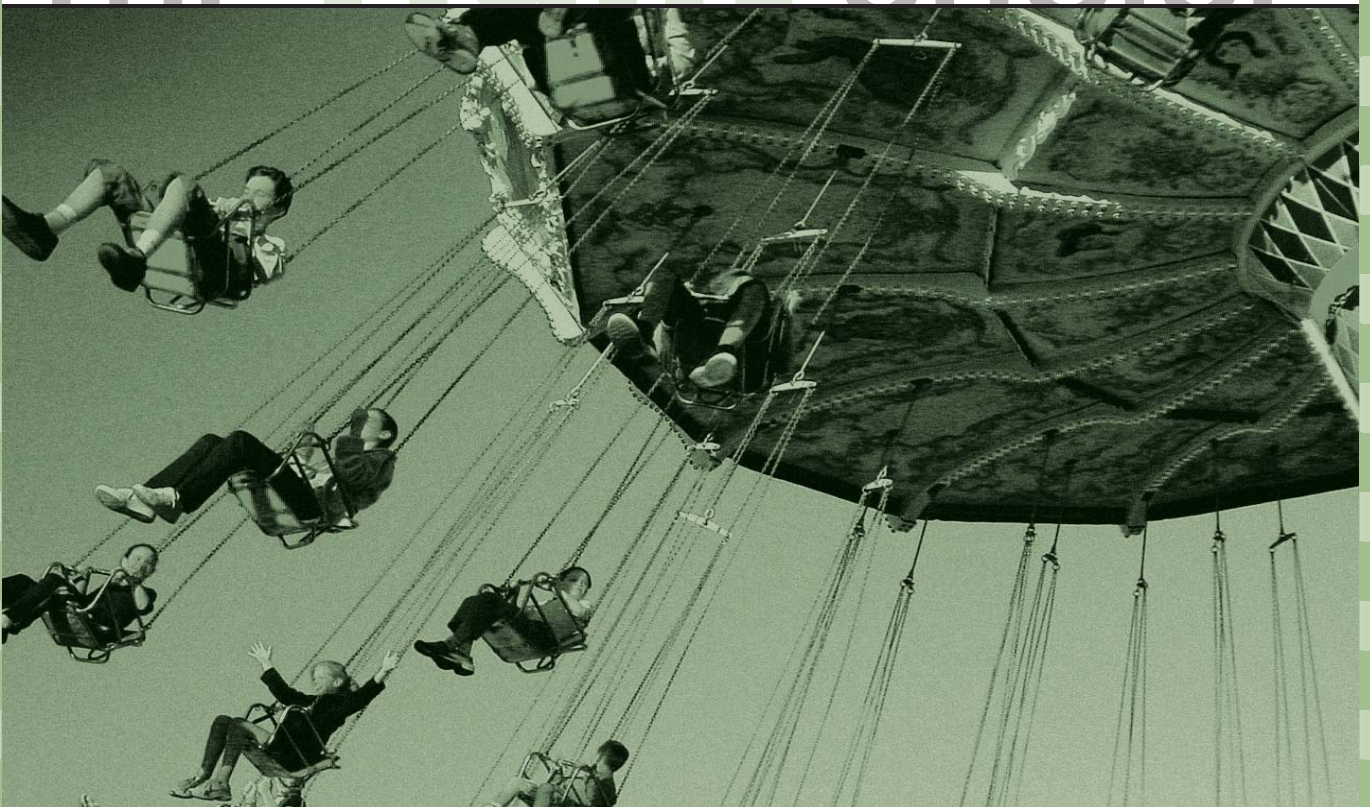


10th National Conference of the Association for the Welfare of Child Health

28 & 29 April 2005
Carlton Hotel Parramatta

HEALTHY SOLUTIONS FOR CHILDREN
MAKING THE **right** CHOICE

THE **right** CHOICE



CONFERENCE PROGRAM & INFORMATION

Message

On behalf of AWCH and the Conference Organising Committee, I warmly welcome you to the 10th National AWCH conference.

The Conference is a unique opportunity to hear from keynote speakers, leading researchers and experienced practitioners from throughout Australia, and come together with people having similar interests and concerns, to talk, discuss, question, debate and learn.

The Conference theme, 'Healthy Solutions for Children - Making the Right Choice' will be addressed through the themes: law and ethics, parenting, schools and health, and lifestyle.

AWCH is concerned with the emotional and social needs of all Australian children and young people, especially those in health care, and continues to pursue an active advocacy agenda nationally. It is timely to wonder about the questions we are asking and the solutions we are seeking -- and we welcome your active input to the process during this conference!

Special highlights include: the Ward Grandparent Awards, the young people's panel being sponsored by the Commission for Children and Young People and the interactive exhibition and poster session.

Thank you for your concern about the health and wellbeing of children, young people and families, and for being part of this conference.

Clin. A/Prof David Bennett AO FRACP
President AWCH

Background

AWCH is a national, non-profit organisation of parents, professionals and community members who work together to ensure the emotional and social needs of children, adolescents and their families are recognised and met within hospitals and the health care system in Australia.

AWCH tries to ensure a holistic family-oriented approach to the care of children, acknowledging that families are the main support and strength for children and young people when they are acutely sick or have a chronic illness.

The **AWCH 2005 Conference** is for anyone involved and interested in maximising child and adolescent health outcomes.

Theme

Healthy Solutions for Children: Making the Right Choice

Have we got the right balance for healthy solutions for children?

This conference will focus on:

- **Law and ethics for child health** – are the choices always right?
- **Parenting for child & adolescent health** – who is supporting parents?
- **Schools and health** – are we working together?
- **Child and adolescent health and lifestyle** – is it only lipservice?

The conference will also celebrate and recognise volunteer's service to children's health care.

Keynote Presenters will include:

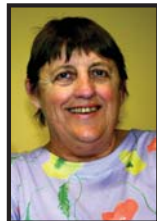


Mem Fox is Australia's best loved picture-book author. Her first book, *Possum Magic*, has sold over two million copies and is the best-selling children's book ever in Australia. In the USA her books *Time for Bed* and *Wilfrid Gordon McDonald Partridge* have also sold over a million copies. She has written many other books for children including *Koala Lou*, *Where Is The Green Sheep?*, and her latest book *Hunwick's Egg*; and several books for adults also, including her best selling book for parents *Reading Magic: How your child can learn to read before school and other read aloud miracles*. She was an Associate Professor of Education at Flinders University for twenty four years until her early retirement in 1996. She is now an international consultant in literacy, although she pretends to be writing full time.

Dr Sev Ozdowski OAM Human Rights Commissioner and Acting Disability Discrimination Commissioner. Since his appointment in December 2000, Dr Ozdowski has engaged with, for example, the Bill of Rights issue, the UN Special Session on Children in 2002 and the National Inquiry into Children in Immigration Detention. The Inquiry report, 'A last resort?' was tabled in Federal parliament in May 2004. On disability issues Dr Ozdowski has achieved positive results in areas including access to education materials, television and cinema captioning, development of building access standards and contributions to the current development of a UN Convention on Human Rights and Disability.



Dr Robin Sullivan is the Director-General, Qld Department of Child Safety and was recently the Queensland Commissioner for Children & Young People after a distinguished career in the Queensland Department of Education as teacher, Principal, Inspector of Secondary Schools and system administrator, culminating in her appointment as Deputy Director of Education Queensland.



Associate Professor Dr David Bennett is an adolescent health physician with a keen interest in health service delivery to young people and their families. He is Head of the NSW Centre for the Advancement of Adolescent Health at The Children's Hospital at Westmead and National President of AWCH. David was appointed Clinical Associate Professor in Adolescent Medicine at the University of Sydney in 1994 and was honoured with an AO (Officer in the General Division of the Order of Australia) in 1995 for service to adolescent health and medical care. He is married with 4 'fully grown-up' children and the author (with Dr Leanne Rowe) of 'What to do when your children turn into teenagers' and 'You can't make me: Seven simple rules for parenting teenagers'.



Dr Colin MacDougall teaches public health at Flinders University and until he was about 14 misunderstood children's books because he thought a 'good for nothing' was a philanthropist. Currently, he is conducting research on the benefits and methods involved in the participation of children in research, with particular reference to physical activity.



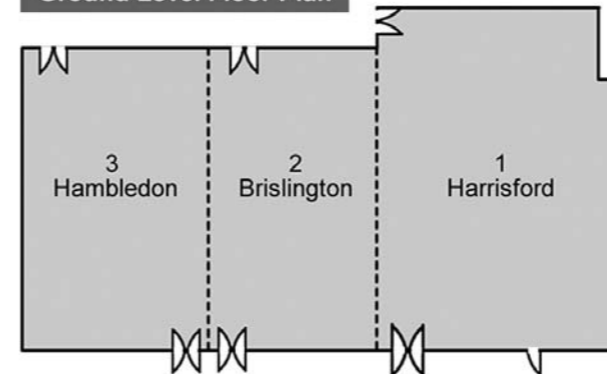
Associate Professor Dr Victor Nossar is a specialist community paediatrician, Senior Paediatric Consultant with Child and Youth Health and the Project Director of the *Every Chance for Every Child* early childhood services initiative in South Australia. He is Associate Professor School of Medicine at Flinders University and Clinical Associate Professor in the Department of Paediatrics at the University of Adelaide. Professor Nossar has long history of work in child health, with Government and non-profit organisations, in disability, in early childhood development and in population child health. He has also undertaken consultancies on many international child health projects.



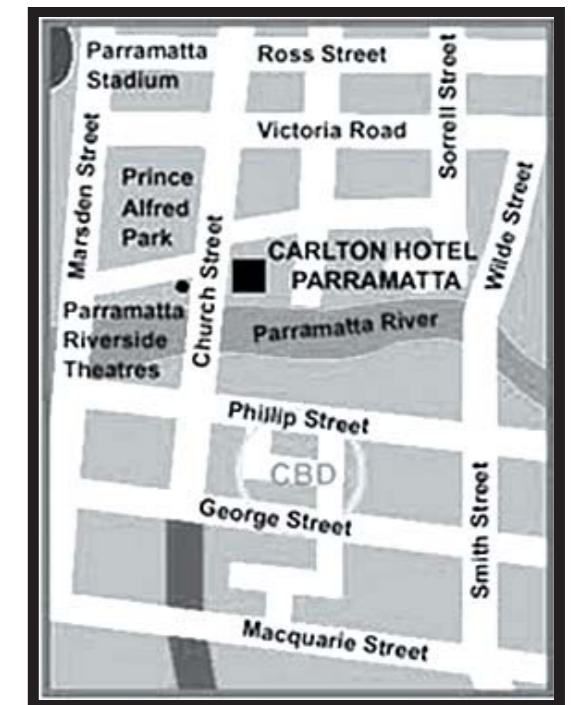
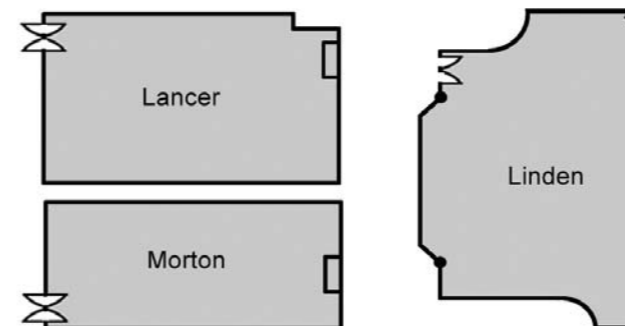
Conference Rooms

The Carlton Hotel Parramatta is the venue for all conference sessions. The *Harrisford & Brislington* Rooms are our main conference plenary room. Our breakout sessions will also be held in *Hambledon* Room and on Level 1 upstairs – *Linden, Lancer* and *Moreton* Rooms.

Ground Level Floor Plan



Level 1 Floor Plan



Car Parking

Complimentary to delegates, underneath the hotel.

No Smoking

Please be advised that smoking is prohibited in all areas used for conference activities including the lobby Atrium and registration area. We would ask smokers to smoke outside. We appreciate your cooperation in making this a smoke free conference.

Nametags

Essential to gain access to sessions and meals – please wear it! The sessions you chose are listed on the back of your nametag.

Faxes & Photocopying

Can be done at hotel reception and the business centre

Messages

Messages taken for conference delegates will be held for you on board at registration desk.

Conference Proceedings

Will be available on line on the AWCH website www.awch.org.au as they are forwarded by each presenter. Please check the website from time to time.

Conference Program

Please check the following program for times and room allocations. There may have been some last minute changes due to unforeseen circumstances.

The sessions you chose are printed on the back of your nametag. **YOU MAY CHANGE YOUR PREFERENCES** but please understand that rooms and handouts were prepared on the basis of your original choices!

Any other changes will be announced in plenary sessions. We ask that you try and be on time to ensure you get a seat and to avoid disturbing the group.

Exhibitors & Displays

Posters and exhibits are permanently displayed from 9am Thursday 28th April through 5pm Friday 29th April 2005 in the Harrisford, Brislington, Hambledon rooms and the Atrium foyer all on ground level.

You will be able to visit these during any session breaks however during the interactive session from 5pm Thursday the poster presenters will be available to talk with you, answer questions and so on. It is an extremely valuable networking and learning opportunity!

Major Exhibitors

1. **Association for the Welfare of Child Health (AWCH)**
2. **The Feminist Bookshop** – including innovative health promoting materials from *Innovative Resources*
3. **ABRS Social Works** – Deb MacMillan
4. **Australian Council for Educational Research (ACER)**
Terri Cornish
5. **HealthInsite links to valuable resources for families and children: An Internet gateway.**
Denise Callander & Stephanie Tow, Australian Govt Dept Health & Ageing ACT

Poster Session

1. **Voices of Children:** children's artwork display on what makes children feel special.
Elsa Reid & Patrick Smith, Hawkesbury District Health Service, NSW
2. **Hospital Explorer Program:** promote health and well being while demystifying the hospital environment.
Irene Adam, Play Therapist & Georgina Papaioannou, Sydney Children's Hospital Randwick NSW
3. **Father-Time: Welcome to the Rest of Your Life** - specific resources for expectant and new fathers.
Mark Friedewald & Carol Newing, Central Coast Health NSW.
4. **Volunteer home visiting and social groups for parents with young children.**
Wies Schuiringa and staff, The Benevolent Society, First Five Years Program Macarthur NSW
5. **Playpower** – a parent education program to support parents who have infants and toddlers as well as professionals and volunteers who work with families. PlayPower Cards and Workshops focus on the importance of play and how parents can use everyday moments and routines to build strong, loving relationships with their children.
Lorraine Simpson, Project Manager, The Benevolent Society NSW
6. **Point Zero Youth Services - Community, Adolescent and Parent Programs NSW.**
Stephanie Lenga and Kim Moritz
7. **Flowing communication between Health and Education.** Protocols for joint non-clinical work between health providers and schools.
Phyllis Moran & Polly Price Sydney Children's Hospital, Nursing Services NSW
8. **Towards a Dynamic Systems Model of Developmental Coordination Disorder.**
John Hammond Southern Cross University, NSW

9. **Volunteering to build strong families within communities: What do volunteer home visitors do?**
Vicki Samson, Rita Fenech and Kardonia Daawod, Karitane, NSW
10. **Stuttering Innovations:** How do we change this culture of being afraid of what others think of us?
Michael Mills, Stuttering Innovations, NSW
11. **Family support Hubs: Collaborating with parents of young children**
Collette Tayler, Ann Farrell, Carla Patterson, Lee Tennent, Queensland University of Technology, QLD
12. **Anxiety and depression in children & Adolescent depression and self harm.** Students and families experiences of coping.
Presented by Students from Bethany College, Hurstville - Ana May and Kayla Ungaro, Breda Barry Centacare School Counselling Team & Carol Hayek Centacare Student at Risk Program, NSW.
13. **Grandparents Caring for Grandchildren Project.** Information and early outcomes.
Gail Westcott & Vicki Parkes, Family Skills Relationships Australia Penrith, NSW
14. **Intensive Family Support Options.** Support with a difference to families where a child has a disability.
Don Coles, IFSO The Spastic Centre NSW.
15. **Shaking Your Baby is Just Not the Deal.** A 3 minute animated video and DVD to disseminate information to all parents, carers, perinatal health educators and others stakeholders about both positive and safe ways of managing a crying baby, and the dangers of shaking a baby, in an accessible, informative and socially acceptable format.
Sue Foley Childrens Hospital Westmead & Fran Tolliday Women's and Children's Health, Westmead Hospital NSW
16. **Bringing out the best in your baby.** A resource based on brain development research that outlines activities to encourage healthy development during the first 12 months of life.
Candace Douglass & Dushyanthi Vimalachandra, Kids Health, The Children's Hospital at Westmead, NSW
17. **Family Action Centre Newcastle.** Victoria Clay NSW
18. **Deaf Society of NSW.** Sandra Carroll NSW
19. **Australian Breastfeeding Association.**
Leanne Taylor ABA NSW Branch
20. **NSW Commission for Children & Young People**
21. **NSW Centre for the Advancement of Adolescent Health (CAAH)** Ken Yap NSW
22. **The Wannabee Foundation** - ways to improve children's health, behaviour and learning through diet, exercise and creative activities.
Judith Schulz NSW.
23. **Mental health in the adolescent male secondary school student:** Presents the issues associated with the mental health impact of repeated bullying of adolescent male secondary school students and the associated integration of this aspect into secondary school mental health programs.
Brian Sengstock School of Nursing and Health Studies Central Queensland University QLD.
24. **ChilOut** – more formally known as Friends of Children in Detention, is a Mums and Dads organisation dedicated to the care of families and children in both onshore and offshore immigration detention centres. Over a period of more than three years we have been successful lobbyists and supporters.
Jo Hind NSW

THURSDAY 28 APRIL

- | | |
|-------|--|
| 8.30 | ARRIVAL COFFEE |
| 9.00 | Opening Plenary & Keynote presentations <ul style="list-style-type: none"> • Indigenous Welcome to the land • Opening Address: Mem Fox, Author, <i>Pearls of wisdom, squeals of laughter: the connection between bonding and reading aloud.</i> • Keynote Address: Dr Sev Ozdowski <i>Convention on the Rights of the Child and Child Mental Health.</i> • Keynote Address: Dr David Bennett <i>Parenting for child and adolescent health; who is supporting parents?</i> |
| 10.30 | MORNING TEA |
| 11.00 | Concurrent Sessions: Papers & Workshops <ol style="list-style-type: none"> 1. Initiatives in law and ethics for child and adolescent health 2. Parenting for child and adolescent health – young people as carers 3. Parenting for child and adolescent health – when there are chronic & complex health needs 4. Parenting for child and adolescent health – Workshop on resilience |
| 12.30 | LUNCH |
| 1.30 | Concurrent Sessions: Papers & Workshops <ol style="list-style-type: none"> 5. Parenting for child and adolescent health – child protection 6. Parenting for child and adolescent health – when there are chronic and complex health needs 7. Parenting for child and adolescent health – healthcare initiatives 8. Parenting for child and adolescent health – workshop on self-esteem and resilience X. Workshop - Dealing with child and adolescent weight issues |
| 3.00 | AFTERNOON TEA |
| 3.30 | Concurrent Sessions: Papers & Workshops <ol style="list-style-type: none"> 9. Health Issues for young people 10. Parenting for child and adolescent health – hospitalisation 11. Parenting for health – for children and young people affected by homelessness 12. Workshop – Innovative tools for healthy conversations |
| 5.00 | Interactive Poster & Exhibition Session <ul style="list-style-type: none"> • Opened by Dr John Yu • Dr David Bennett and Leanne Rowe: book launch • Drinks and nibbles |

FRIDAY 29 APRIL

- | | |
|-------|--|
| 8.30 | ARRIVAL COFFEE |
| 9.00 | Plenary & Keynote Presentations <ul style="list-style-type: none"> • Keynote Address: Dr Robin Sullivan <i>Productive partnerships for child health. How can we work together?</i> • Keynote Address: Dr Victor Nossar <i>The choices our society has to make to improve children's health</i> • AWCH Hospital Ward Grandparent Awards Sponsored by NSW Health and Nth Sydney Carer Support Service, presented by Michael Kakakios, Policy Manager, Primary Health and Equity Unit • Report on 2004 AWCH National Survey Report on Psychosocial Care of Children in Hospital Trisha Durning & Anne Cutler |
| 10.30 | MORNING TEA |
| 11.00 | Concurrent Sessions: Papers & Workshops <ol style="list-style-type: none"> 13. Schools and health – collaboration 14. Schools and mental health 15. Schools and health – building healthy communities 16. Child and adolescent health and lifestyles – health promotion |
| 12.30 | LUNCH |
| 1.15 | Concurrent Sessions: Papers <ol style="list-style-type: none"> 17. Schools and health – collaboration for child protection 18. Schools and health – partnerships in preschool health 19. Schools as communities for health 20. Child and adolescent health and lifestyle |
| 2.20 | 10 minute break to resume plenary session |
| 2.30 | Closing Plenary <ul style="list-style-type: none"> • Young People's Panel on Health Issues facilitated by Peter Slattery Panel coordinated by Point Zero Youth Services & sponsored by NSW Commission for Children & Young People • Keynote Address: Dr Colin MacDougall Flinders University <i>Looking through children's eyes for healthy solutions</i> |
| 4.30 | CLOSE - Wine and cheese Networking drinks |

8am
Expo tables and Registration

Arrival Coffee

9am
PLENARY SESSION

Indigenous Welcome to the land.

Conference Opening & Keynote Address: **Mem Fox**, Author. *Pearls of wisdom, squeals of laughter: the connection between bonding and reading aloud*

Keynote Address: **Sev Ozdowski** *Convention on the Rights of the Child and Child Mental Health.*

Keynote Address: **David Bennett** Parenting for child and adolescent health: who is supporting parents?

10.30am
morning tea

11am
SESSION #1
Initiatives in law and ethics for child and adolescent health
3 x Papers of 30 mins each

1.1 Working with young people: ethical and legal responsibilities for health workers. A brief overview of the dilemmas and responsibilities for health workers working with young people.

Abigail Elliot NSW Association for Adolescent Health
1.2 Consumer and community participation at the Telethon Institute for Child Health Research - Real solutions for Real Issues. Paper on increasing consumer and community participation in research projects aimed at child and adolescent health. Our goal is to develop a sustained long-term approach that is inclusive of consumers, the community and the researchers.

Anne McKenzie, Telethon Institute for Child Health Research WA
1.3 Children/Adolescents in Foster Care – Monitoring, Recognising and Managing their Health and Developmental Needs. This particularly vulnerable group of children have a far higher incidence of unmet medical, developmental and behavioural needs than children living with their families. Even when these difficulties are recognised, the instability of their living circumstances often prevents effective interventions.
Dr Sue Packer ACT Health

SESSION #2
Parenting for child and adolescent health –Young people as carers. 3 x Papers of 30 mins each

2.1 Parent Link: supporting families affected by mental illness. Paper will present the innovative Parent Link pilot project that aims to support and empower families who are affected by mental illness.

Melanie Boursnell, Prevention Team Children & Young People's Mental Health team NSW

2.2 Planning, implementing & evaluating programs for kids who have a parent with MS. This paper highlights the special issues and needs of children who have a parent with a disability, and explores a program which assists these children to learn coping strategies & develop new skills in a fun camp environment.

Christine Leech Multiple Sclerosis Society QLD

2.3 Mind the Gap – Supporting Children in Families Where a Parent Is Affected by a Dual Diagnosis – Mental Illness and Substance Misuse: An overview of the issues affecting children when a parent has a dual diagnosis, including strategies to improve support as developed by the NIDS Dual Diagnosis Project.
Michelle Hegarty & Sue Buchanan NSW

SESSION #3
Parenting for child and adolescent health – when there are chronic and complex health needs. 3 x Papers of 30 mins each

3.1 Getting it right for young people with chronic, complex health needs: overview of a new initiative to establish transition services for young people with chronic / complex healthcare needs as they move from paediatric to adult health care settings. **Lynne Brodie**, Department of Health's Greater Metropolitan Clinical Taskforce NSW

3.2 Parents of children with chronic conditions: The urgency of psychological first aid

This paper examines the effects of trauma on the parenting role in families when there is a child with a chronic condition

Elizabeth Bruce Director, Emotional Health Centre VIC

3.3 The evaluation of a family-based program to support parents and siblings of children with a disability or chronic illness. Paper will also discuss the development of effective supports for families.

Rebecca Giallo & Dr Susana Gavidia-Payne RMIT VIC

SESSION #4
Parenting for child and adolescent health – WORKSHOP

The Resilience Identification Resources project: a strengths approach to protective and risk factors. Resources in school, community and health settings. The Resilience Identification Resources draw on narrative and solution-focused therapies to develop a new approach to the consideration of resilience in 9–16 year olds and the identification of risk and protective factors. The resources comprise the Resilience Checklist for those working with young people and Resilience Circle for use by young people. Both are positive ways of examining a young person's situation.
Victoria Clay Family Action Centre University of Newcastle NSW

1.30pm
SESSION #5
Parenting for child and adolescent health – child protection
3 x Papers of 30 mins each

5.1 Ignorance is not innocence – protective effects of sexuality education for children under 5. Research, education and resources to support parents to foster healthy sexuality and promote self protection education for their children. **Shona Charters**, Family Planning QLD

5.2 Shaking your Baby is Just not the Deal. The workshop will present a parent education tool to encourage appropriate responses to a crying baby, and the process of the project.
Sue Foley, Childrens Hospital Westmead and **Fran Tolliday** Westmead Hospital NSW.

5.3 Drug &/or Alcohol Involvement in Sexual assault in girls aged 11-15. Paper will also discuss drink spiking and the changes in clinical practice introduced.

Christine Norrie, Children's Hospital Westmead & Dr Lila Stephens NSW.

SESSION #6
Parenting for child and adolescent health - when there are chronic and complex health needs. 3 x Papers of 30 mins each

6.1 Life satisfaction for children with profound multiple disabilities: what is it? An appreciation of the potential richness of life satisfaction for children with profound multiple disabilities is central to the work of health care practitioners in meeting the emotional and social needs of these children.
Dr Gordon Lyons Macquarie University NSW

6.2 Family centred care: Involving families in child health care. An overview of family based care and discussion of the challenges facing children and their families when living with a chronic illness or disability.

Leigh Wilson & Elizabeth Harnett Children's Hospital Westmead. NSW

6.3 Enhancing the educational experience for students with chronic health conditions – what parents want educators to know. This paper will report the findings of research with parents of students with chronic illness.
Shiona Shiu CHERI & Dept Education NSW

SESSION #7
Parenting for child and adolescent health – healthcare initiatives
3 x Papers of 30 mins each

7.1 The Child Friendly Healthcare Initiative – Communicating with children and their families. 'Parents and Children will be kept fully informed and involved in all decisions affecting their care'. Staff at Sydney Children's Hospital, Randwick have embarked on an innovative project – Standard 5 of the Child Friendly Healthcare Initiative
Michelle Driver, Sydney Children's Hospital NSW

7.2 Investigating the experiences of a negotiated care model in paediatric nursing: a new model of nursing care being developed at the Children's Hospital at Westmead that seeks to support parents during their children's hospitalisation. **Margaret Kelly, Susan Jones & Lyn Dean** Faculty of Nursing and Childrens Hospital NSW

7.3 PAPER WITHDRAWN Empowering Parents: The Interdisciplinary Approach. **Nadine Farrell**, The University of Newcastle NSW

SESSION #8
Parenting for child and adolescent health – WORKSHOP
self-esteem & resilience

Simple, Practical Self Acceptance skills for Strength and Resilience. Workshop presents practical skills to prevent and to cure low self esteem that are simple and powerful. It will teach replacing 'chasing self esteem' [being vulnerable to what others think and to peer pressure] with 'finding self acceptance' [being self-reliant, independent of what others think, accessing one's own strength and resilience]. The Self Acceptance Skills Method is a cognitive method with a difference.
Sabine Beecher, Private Practice NSW

SESSION #X ADDITIONAL WORKSHOP
Dealing with Child & Adolescent Weight Issues

This workshop will cover the causes of body image concerns, eating disorders and child obesity in children and adolescents as well as preventive activities for school, clinical and community settings. The focus will be on the development of a positive body image and participation in physical activity using the self esteem approach and how these activities can be delivered in the classroom, in groups, in families and community settings. Discussion of broad scale environmental strategies and a more holistic approaches will also be discussed. **Dr Jennifer O'Dea** Senior Lecturer Faculty of Education University of Sydney

3.30pm
SESSION #9
Health issues for young people
3 x Papers of 30 mins each

9.1 Homeless Teenagers Parenting Children: More than just Housing. Supporting teenage parents to develop skills in parenting their children in ways that will enhance their development physically, emotionally and psychologically in order to create a healthy lifestyle.
Lorraine Flannery, Melbourne Citymission VIC

9.2 KidsLink – Connecting Young People on the telephone. This presentation will provide a brief over view of the planning process in linking young people with disabilities on the telephone, discussion topics included in sessions, evaluation and follow-up.

Samantha Puffett The Spastic Centre NSW

9.3 Share: health, respect and life. The sexual health and relationships education project. How health and education must work together. A model for sexual health and relationship education that was introduced as a pilot in South Australian government schools.
Jane Flentje Health and Physical Education teacher, SA

SESSION #10
Parenting for child and adolescent health – hospitalisation
3 x Papers of 30 mins each

10.1 The impact of hospitalisation of children with special needs: Presentation of research findings of parents' perceptions of the impact of hospitalisation of children with special needs upon the family
Sarah McDonald Starship Children's Hospital NZ

10.2 Parents needs for discharge information: paper will present research conducted looking at the quality, type and needs of discharge information for parents from an acute paediatric unit.

Karen Stevenson Children's Unit Gosford Hospital NSW

10.3 Keeping Children Safe in Hospital. This presentation will identify child protection risk of harm issues that exist for children in a hospital setting and explore strategies that the Children's Hospital at Westmead has been developing to address issues in this area.
Robin Lamb Child Protection Unit Children's Hospital Westmead NSW

SESSION #11
Parenting for health – for children and young people affected by homelessness 3 x Papers of 30 mins each

11.1 Parenting while homeless: Homeless women with accompanying children in Sydney. The paper will examine the issues and concerns in regards to health and welfare.

Meredith Nirui Sth Eastern Sydney Area Health Service NSW

11.2 Health and Youth Homelessness. A paper presenting the key findings around young homeless people's health needs.
Arian Foon Youth Action Policy Association NSW

11.3 The health of 'Our Homeless Children' – fifteen years on. Fifteen years after the Burdekin report, what are we doing to protect the health and development of the one in every 75 Australian children under 12 who access a homeless service every year?
Australian Federation of Homelessness Organisations,ACT

SESSION #12
WORKSHOP
Innovative resources

Workshop on 'Seriously Optimistic Tools for Building Healthy Conversations.'
Russell Deal St Luke's Innovative Resources Bendigo VIC

5pm
INTERACTIVE EXHIBITION & POSTER SESSION

Opened by **Dr John Yu**

Dr John Yu – Book launch 'You can't make me: Seven simple rules for parenting teenagers'.
by **Dr David Bennett** and **Dr Leanne Rowe**

Visit the POSTERS and EXHIBITS Refreshments will be served (see page 4 for details)

Room Key
H/B Harrisford/ Brislington
HA Hambledon
LA Lancer
LI Linden
MO Morton

9am
PLENARY SESSION **H/B**

Keynote Address:
Dr Robin Sullivan
Productive partnerships for child health: how can we work together?

Keynote Address:
Associate Professor Victor Nossar
The choices our society has to make to improve children's health.

AWCH Hospital Ward Grandparent Scheme Awards
Sponsored by NSW Health & Nth Sydney Carer Support Service, presented by **Michael Kakakios**, Policy Manager, Primary Health and Equity Unit.

Report on '2004 National Survey Report on Psychosocial Care of Children (and Families) in Hospital'
Trisha Durning APS Psychologist AWCH

10.30am
Morning Tea

11am **12.30pm lunch**
SESSION #13 **LI**
Schools and health – collaboration
3 x Papers of 30 mins each

13.1 Promoting a healthy environment for Talking Together: Partnerships in Language and Learning: A innovative collaborative partnership between Department of Education and Training and NSW Health based on a 'whole of government' approach in providing speech pathology services to school aged children.
Suzanne Smith, Department of Education and Training & **Kate Short**, Senior Paediatric Speech Pathologist at Liverpool Health Service, NSW.

13.2 One Model of Collaborative Care for Students with Medical Conditions: a quality educational program to patients, providing support to their families and schools, facilitates continuity of learning and supports the transition back to family, school and community.
Vicki Sykes Mater Hospital QLD

13.3 Meeting the specialised health needs of students enrolled in Queensland State Schools -a pilot project. A report on a project conducted by Education Queensland to address the needs of students who require assistance with health procedures during school hours.
Karen Glew & Nicole McClure Education QLD.

SESSION #14 **LA**
Schools and mental health
3 x Papers of 30 mins each

14.1 PAPER available only: Mental health in the adolescent male secondary school student: Paper examines the issues associated with the mental health impact of repeated bullying of adolescent male secondary school students and the associated integration of this aspect into secondary school mental health programs.
Brian Sengstock is a Doctoral Student in the School of Nursing and Health Studies at Central Queensland University. QLD

14.2 Neurofeedback Training and Child Refugee Trauma Interventions in a Primary School Setting Pilot Study: To address the learning and behavioural difficulties of a group of traumatised refugee children.
Kerry Kenny, Mirjana Askovic Counsellor/Project Officer STARTTS NSW

14.3 Exploring the strengths of boys and young men – a new approach to an old problem. Presentation will discuss boy's identity learning and behaviour and how services can draw on the strengths of boys. **Victoria Clay** Family Action Centre University of Newcastle NSW

SESSION #15 **H/B**
Schools and Health – building healthy communities
3 x Papers of 30 mins each

15.1 Synchronised winning: building the links between health and education – the South East Health experience. Committee consisting of key players from health, education and NGOs, aims to build productive relationships to achieve the common goal of healthy school communities.
Phyllis Moran & Polly Price Sydney Childrens Hospital Randwick NSW

15.2 The Australian Early Development Index (AEDI) is a tool to help build better communities for children. This paper will describe results from the first year implementation of the AEDI in Australian communities including data on children's physical, developmental, language, social and emotional health and well-being collected from around 170 schools and 3,500 children.
Dr Sharon Goldfeld, AEDI Partnership group, & Co-authored by **Mary Sayers** Centre for Community Child Health Royal Childrens Hospital VIC

15.3 MindMatters Plus: A national initiative to enhance the capacity of secondary schools to support students with needs in the area of mental health and well-being. This paper will describe the aims and future directions of the *MindMatters Plus* project.
Sarah Janet Anderson, The Australian Guidance and Counselling Association & **Brenda Hosking-Brown, Jo Mason, Tracey Zilm**, the Australian Principals Associations Professional Development Council, SA.

SESSION #16 **HA**
Child and adolescent health and lifestyles – Health Promotion
3 x Papers of 30 mins each

16.1 Smiles 4 Life: The development and early evaluation of a statewide oral health program for preschoolers. *Smiles 4 Life* explores the development and key learnings of an early childhood oral health program combining preventative strategies and access to treatment for at risk children. **Mary Stewart & Jennifer Atkinson**, Dental Health Services VIC

16.2 Playing Healthy: Childhood obesity is still on the rise in Australia despite the media attention and access by the general public to many programs, books articles and other solutions – what is the answer? **Di Murphy**, Sydney Children's Hospital Foundation & **Les White** Executive Director of the Sydney Children's Hospital, NSW

16.3 'Car & Home: Smoke Free Zone' a project involving NSW Health, The Heart Foundation, Asthma NSW, SIDS NSW and The Cancer Council NSW. Promoting the hazards of Environmental Tobacco Smoke on young children and explaining why adults should smoke outside the car and home, away from children.
Ingrid Hutchinson, Cancer Council NSW

1.15pm **2.15pm break**
SESSION #17 **HA**
Schools and health – collaboration for child protection
2 x Papers of 30 mins each

17.1 Promoting a healthy environment for children: a collaborative effort between Health & Education. a health promotion project & subsequent research related to the prevention of child abuse & neglect.
Elsa Reid & Patrick Smith Hawkesbury District Health NSW.

17.2 Making the 'Right' Choices about Child Protection Programs and Services. This paper highlights the need for child protection prevention programs to be evaluated in order to make informed choices about service provision and thus ensure the best outcomes for children and families.
Nick Richardson National Child Protection Clearinghouse & Aust. Institute Family Studies VIC

SESSION #18 **LI**
Schools & Health: partnerships in preschool health
2 x Papers of 30 mins each

18.1 Motor Magic – Health and Education working together to support the health and wellbeing of preschool children. Presentation of key outcomes of the *Motor Magic* program, a collaboration between Noarlunga Health Services and the Department of Education and Children's Services (DECS) in Adelaide. The program aims to improve the health and well-being of preschool children with, or at risk of, developmental delay and uses a capacity building and multi-strategy approach to support children within their own environment, bringing together health and education.
Naomi Priest Flinders University, Noarlunga Health Services SA

18.2 Schools and health – don't forget the preschool years: A case study of health promotion in child care centres in NSW. Paper on the use of early childhood services as facilitators of health promoting activities which support families with young children who could be at risk of social isolation.
A/Prof. Jacqueline Hayden & Dr Katey DeGioia UWS.

SESSION #19 **H/B**
Schools as communities for health
2 x Papers of 30 mins each

19.1 Schools as Communities – Our children, a shared responsibility. The Schools as Communities Program creates strong and cohesive family and community networks ensuring that we nurture our children.
Gail Everard The Office for Children Youth and Family Support ACT Government.

19.2 The chess (child health and education support services): a strategic partnership for health care and education: A statewide interagency approach to ensuring continuity of health care and education for children and adolescents in government and non government education and childcare services.
Debra Kay, Department of Education and Children's Services (DECS) SA.

SESSION #20 **LA**
Health and Lifestyle
2 x Papers of 30 mins each

20.1 Concerto for life. This session explores the power of music to enhance social and emotional well-being, unlock a child's creative and intellectual potential, aid concentration and promote brain development.
Penny Bingham, DUET private practice WA

20.2 Fresh Tastes @ School: A partnership approach to healthier school canteens in NSW: This session explores the mandatory approach to healthy school canteens in NSW and its impact on the whole school community.
Renee Andrews School Canteens Strategy Coordinator NSW Dept Education & Training

2.30pm **H/B**
Closing plenary - Chair

Young People's Panel on Health Issues facilitated by **Peter Slattery**. Panel coordinated by Point Zero Youth Services sponsored by NSW Commission for Children & Young People

Keynote – **Dr Colin MacDougall** Flinders University SA
Looking through children's eyes for healthy solutions.

CLOSE

4.30pm
Wine and cheese – networking nibbles

Room Key
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Selection Committee for Call for Papers

David Bennett, National President AWCH
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A call to become a member of AWCH

The Australian Association for the Welfare of Child Health (AWCH) is a national not-for-profit organisation of parents and professionals advocating for the needs of children, young people and their families within the health care system in Australia. AWCH focuses upon the psycho-social needs of children and young people, and is involved in education, advocacy, information provision, support to families and health professionals, as well as research and consultation. AWCH advocates a holistic family oriented approach to the care of children, acknowledging the vital role the whole family plays in aiding the child during acute or chronic illness and in recovery.

Why should I become a member?

For the last 32 years AWCH has played a vital role in improving the non medical needs of children and young people who experience the health care system. AWCH has been instrumental in the many advances made in the psycho-social care of children in hospitals during the 1970's, including parents staying over in hospital with their children, open visiting hours, recognition of the importance of play and education facilities, and increased parental involvement in all aspects of their child's hospital care. Your membership enables you to be part of this vital aspect of children's healthcare and in addition offers other benefits such as:

- opportunity to have input into child health policy and planning
- opportunity to address child health issues at a local area level
- reduced delegate registration fees at the national conference
 - twice yearly newsletter Child and Adolescent Health Care
 - monthly email newsletter
- access to the resources of the Association eg the AWCH Library, conference proceedings, publications and resources to prepare children for a health care experience
 - access to advocacy service offered by the Association

If you would like further information about the Association please contact Anne Cutler on (02) 9631 9208 or at awch@awch.com.au or to become a member, please fill in the membership form on page 10 and return to National Office.



AWCH National Office & AWCH Library

PO Box 113 Westmead NSW 2145

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