

### **Young Carer Project**

[www.youngcarersnsw.asn.au](http://www.youngcarersnsw.asn.au)

The Young Carer Project at Carers NSW was created to make a positive difference to the lives of young carers (25 yrs and under) and their families.

Young Carers are children and young people who care for and support a family member who has a long-term physical illness, mental illness, disability, drug or alcohol problem.



### **Early Childhood Connections**

[www.rch.org.au/ecconnections](http://www.rch.org.au/ecconnections)

An Australian website, containing more than 450 Australian and 400 International website links. These links are collated alphabetically and in submenus to provide easy viewing and access to the most up to date information for professionals and parents interested in the renewed emphasis on the early childhood years.

### **Bipolar Disorders Center**

[www.patientcenters.com/bipolar/](http://www.patientcenters.com/bipolar/)

This centre has been created especially for parents of a child with a bipolar disorder and for adolescents with bipolar disorders.

### **IdealLives.com**

[www.ideallives.com](http://www.ideallives.com)

Designed specifically for families raising a child with special physical, emotional, or learning needs. Your one-stop destination for practical information, success strategies, and moral support -- all from the comfort and convenience of your home computer.

### **Riding for the Disabled Association**

[www.rda.org.au](http://www.rda.org.au)

Riding for the Disabled Association is a voluntary, not for profit, organisation which provides riding instruction and other activities associated with riding and harness driving for people with disabilities. There are affiliated Riding for the Disabled Associations in all states and territories of Australia.

### **Centre for Genetics Education**

[www.genetics.com.au/home.htm](http://www.genetics.com.au/home.htm)

The Centre for Genetics Education is dedicated to providing current and relevant genetics information to individuals and family members affected by genetic conditions and the professionals who work with them.

### **The Shepherd Centre**

[www.shepherdcentre.com.au/](http://www.shepherdcentre.com.au/)

A charity which began in 1970 helping deaf and hearing-impaired children learn to listen and speak so they can reach their individual potential.

### **Down Syndrome Association NSW**

<http://www.dsansw.org.au/>

Parent support association that aims to encourage people with Down Syndrome to take their place in the community and to raise community understanding of the condition. Services include parent support, information and referral and a book and video library.

### **Disability Information and Resource Centre (DIRC), South Australia**

[www.dircsa.org.au](http://www.dircsa.org.au)

DIRC provides a professional and friendly information and referral service to the people of South Australia.

### **Headroom, Mental Health for Young People**

[www.headroom.net.au](http://www.headroom.net.au)



Mental Health issues for young people, children, adolescents, teachers, professionals and parents based in Adelaide.