

Books & Resources

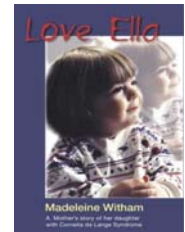
[Positive Food for Kids](#)

Are you interested in learning more about food and nutrition for babies, toddlers, children and teens? Would you like a reference book about child nutrition and health? Positive Food for Kids is a new book about child health & nutrition for health professionals and parents. The book is written by well known child nutrition expert, Dr Jenny O'Dea.

[Love Ella](#)

'Love Ella', written by Madeleine Witham, is a powerful look at living with a child with an intellectual disability and medical complications.

Any parent or family member, teacher or therapist of a child with special needs will be able to identify with the strong emotions illustrated in this book; the struggles and the joys, the desperate wish of Ella's mother that the world would love her child for who she is.



["The Secret of Strong Kids The Resilience Doughnut..."](#)

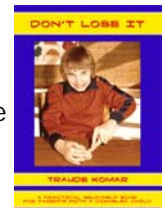
By Lyn Worsley

The 7 factors that strong young people and adults have in common are illustrated in the shape of a doughnut. Ways of helping a young person through stressful times and building their resilience are shown using a simple the common sense formula; "If something is working, do more of it".



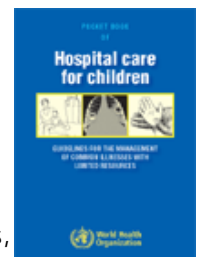
[Don't Loose It](#) - A practical self help book for parents with a disabled child

The book is Traude Komar's story of her 33 years caring for her disabled son, Herbert. She has dedicated the book to her son's vibrant life and hopes that in some way it will help others cope with the difficulties of caring for someone with a disability.



[Pocket book of hospital care for children Guidelines for the management of common illnesses with limited resources](#)

This is a pocket-sized manual for use by doctors, senior nurses and other senior health workers who are responsible for the care of young children at the first referral level in developing countries. It presents up-to-date clinical guidelines which are based on a review of the available published evidence by subject experts, for both inpatient and outpatient care in small hospitals where basic laboratory facilities and essential drugs and inexpensive medicines are available. It focuses on the inpatient management of the major causes of childhood mortality, such as pneumonia, diarrhoea, severe malnutrition, malaria, meningitis, measles, HIV infection and related conditions.



[Royal Children's Hospital Melbourne - Clinical Guidelines](#)

A Clinical Quality and Safety initiative to provide RCH Clinicians with a centralised resource of Hospital wide Clinical Guidelines.

['Snapshots of Australian families with adolescents'](#)

To support the 2006 National Families Week, the Australian Institute of Family Studies has prepared a facts sheet about families with adolescent children aged 12 to 18 years, the group given special emphasis in this year's celebrations.