

Bone and Joint Decade

BONE AND JOINT DECADE - WHERE ARE WE NOW



Each decade, the United Nations and World Health Organisation sanction another health area to have a decade to promote benefits, advancements, and awareness to its member countries.

This decade is the Decade of Bone and Joint Decade - now into its 9th year. To date the Network's members and partnerships are as follows:-

97 world countries; 63 supporting governments

In Australia, we should be very proud of what has been achieved, especially with regard to the wearing of helmets for all cyclists, making it a safer environment and avoiding major trauma when there is a spill. It was through the Australian Orthopaedic Association, a partner in the Decade, that this vital breakthrough took place.

We also welcomed the Government's standing on including Bone and Joint Health as the seventh federal health priority.

Through the efforts of Osteoporosis Australia, screening for osteoporosis for those aged over seventy years has come into effect.

To assist in public awareness to children the importance of bone health a children's entertainment group has put together a DVD of song and dance relating to overall healthy living and specifically bone health. The DVD was awarded first prize at the recent International Network Meeting in Pune, India.

Children from 4 to 8 years would just love the song and dance routine, whilst learning how to look after themselves. This DVD is available for purchase, email convenor@bjd.org.au for more information.



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Dates to remember:

October 12 - World Arthritis Day

October 16 - World Spine Day

October 17 - World Trauma Day

October 20 - World Osteoporosis Day