

Services

The Parent Helpline

a telephone information service for parents in South Australia.

www.cyh.com/SubContent.aspx?p=102

1300 364 100 (local call cost within South Australia)

The Children, Youth and Women's Health Services (CYWHS) Parent Helpline provides telephone information and support - 24 hours a day, 7 days a week, every day of the year.

- It is available to parents of children/young people from birth to twenty-five years who live anywhere in South Australia.
- It provides information about health, behaviour and relationships for parents and people working with children and young people.
- It is able to provide information to callers on where to go for further help.
- Calls are confidential and you don't have to give your name unless you wish to.
- Parent Helpline staff have an information database based on the latest research, so they can give you the most up-to-date information when you call.
- Staff are qualified nurses, social workers, community health workers and selected volunteers. All staff receive ongoing training and support.

Australian Childhood Immunisation Register

www.medicareaustralia.gov.au/public/services/acir/index.shtml

The Australian Childhood Register (the Immunisation Register) is a national register administered by Medicare Australia that records details of vaccinations given to children under seven years of age who live in Australia.

For more information call the Australian Childhood Immunisation Register on 1800 653 809.

Disability - volunteer support

http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Disability_volunteer_support

Interchange provides personalised respite and social support services to families of children and young people with a disability. There are 16 separate, community based Interchange programs across Victoria, located in 26 metropolitan and rural areas.

Volunteers are especially recruited by all Interchange programs to help give families a break from their demanding caring role, and to provide the children with quality experiences and new relationships. The children or young people have a range of physical, intellectual or sensory disabilities.

Interchange's main service is the Host Carer program, where a volunteer is matched with, and cares for, a child with a disability in the volunteer's home on a regular basis. This may be one day or one weekend a month. Ongoing training and support are provided to maintain these vital relationships.



Contact Interchange Victoria on 1300 300 436 for more information.

Reflux Infants Support Association (RISA)

<http://www.reflux.org.au/>

The Reflux Infants Support Association (RISA) Inc is an Australian based community support group that aims to encourage and give confidence and moral support to families of infants and children who have problems associated with Gastro-Oesophageal Reflux (GOR, reflux).

Phone (07) 3229 1090, contacts are parents who have been through the difficult experiences of day-to-day life with a child who has gastro-oesophageal reflux. They are happy to provide emotional support, encouragement, and information. They cannot provide medical advice.

ChIPS - Chronic Illness Peer Support

http://www.rch.org.au/chips/index.cfm?doc_id=295

ChIPS is a Chronic Illness Peer Support program for young people living with any type of chronic illness or medical condition.

The ChIPS Program has been assisting young people with chronic illness for over 13 years. The program is based in Melbourne at the Centre for Adolescent Health, Royal Children's Hospital. ChIPS programs are also available in Bairnsdale (regional Victoria), Sydney (NSW) and Mackay (Queensland). The main purposes of this site are to:

- Enhance links between ChIPS members regardless of geographical location.
- Provide information about the ChIPS program to the community.
- Provide ChIPS and Friends of ChIPS members with up to date information about coming events.
- Increase public awareness regarding chronic illness and adolescents.

For More information on ChIPS please contact:

Kristen Kappel
ChIPS Coordinator
Centre for Adolescent Health
2 Gatehouse Street
Parkville Victoria 3052
Phone +61 3 9345 6616

To contact the Sydney ChIPS program please contact:

Michele Casey
ChIPS Coordinator
Adolescent Medicine Unit
The Children's Hospital Westmead
Locked Bag 4001
Westmead NSW 2145
Phone +61 2 9845 2446

To contact the Bairnsdale ChIPS program please contact:

Anne Cross
ChIPS Coordinator
Phone 0438 805 429

A ChIPS Program also runs in Mackay (Queensland) - contact Kristen for further details.